

## **Keto Plain Bagels**

Ingredients: almond flour, mozzarella cheese, cream cheese, eggs, baking powder.

### Nutrition Facts

Per Serving (1 bagel):

Calories: 272

Fat: 21.3g

Carbs: 7.7g

Fiber: 3.g

Protein: 13.7g

Net Carbs: 4g