

Keto Lasagna



Ingredients: ground beef, mozzarella cheese, tomato paste, pasta sauce, diced tomatoes, cream cheese, spinach, eggs, onion flakes, basil, garlic powder, cayenne pepper.

Nutrition Facts

Per Serving (½ lasagna):

Calories: 367

Fat: 25g

Total Carbs: 10.45

Fiber: 1.45g

Protein: 27g

Net Carbs: 9g