

## Keto Burger Buns



Ingredients: almond flour, water, psyllium husk, baking powder, salt, egg whites, apple cider vinegar.

### Nutrition Facts

Per Serving (1 bun):

Calories: 372  
Fat: 27g  
Total Carbs: 22g  
Fiber: 18g  
Protein: 14g  
Net Carbs: 4g