

# Keto Mini Toasted Coconut & Maple Muffins



Ingredients: toasted unsweetened coconut, eggs, Lakanto Maple Syrup, coconut flour, almond milk, butter, Monk Fruit, Cinnamon, baking powder, vanilla

Calories 71

Fat 5.8 g

Total Carbs 3.7 g

Fiber 2.7 g

Protein 1.6 g

Next Carbs 1 g