

Keto Sour Cream n' Pumpkin Spice Donut



Ingredients: almond flour, sour cream, butter, eggs, Monk fruit, protein powder, pumpkin spice, xanthan gum, baking powder, baking soda, vanilla extract.

Nutrition

Calories 183.4
Fat 16.3g
Total Carbs 11.4g
Fiber 1.71g
Sugar Alcohols 7.2g
Protein 6.4g
Net Carbs 2.49g