

Keto Salted Caramel Shortbread Squares



Ingredients: almond flour, butter, heavy whipping cream, coconut flour, monk fruit, unsweetened chocolate, water, vanilla, himalayan sea salt.

Nutrition

Calories 262

Fat 26.6g

Total Carbs 13.1g

Dietary Fiber 3.1g

Sugar Alcohols 7.7g

Protein 4g

Net Carbs 2.3g