

Keto Rye Bread

Ingredients: almond flour, ground flax seed, eggs, water, caraway seeds, olive oil, cream of tartar, sea salt, baking soda.

Nutrition Facts

Per Serving (1 slice)

Cal 103

Fat 8.9g

Total Carbs 3.2g

Fiber 2.3g

Protein 3.7g

Net carbs .9g