

Keto Pizzelle



Ingredients: almond flour, confectioners monk fruit, coconut oil, eggs, Lakanto Maple Flavoured Syrup, konjac flour.

Nutrition

Calories 106.2

Fat 10.1g

Total Carbs 4.8g

Dietary Fiber .9g

Sugar Alcohols 3.1g

Protein 2.5g

Net Carbs.8g