

# Keto Nanaimo Bars



Ingredients: butter, coconut flour, confectioners monk fruit, heavy whipping cream, eggs, walnuts, cream cheese, unsweetened chocolate chips, unsweetened cocoa powder, vanilla extract, Himalayan sea salt,

## Nutrition

Calories 249.1

Fat 24.9g

Total Carbs 15.6g

Dietary Fiber 4.4g

Sugar Alcohols 8.4g

Protein 3.8g

Net Carbs 2.8g