

Keto Nada Rounds



Ingredients: mozzarella, almond flour, mushroom spinach, roasted red pepper, onion, egg, cream cheese, cheddar, garlic powder, salt, pepper.

Calories: 203
Fat 14.8g
Total Carbs 5.1g
Dietary Fiber 1.66g
Protein: 13.3g
Net 3.44g