

Keto Glazed Chai Donuts



Ingredients: eggs, coconut flour, coconut oil, monk fruit, chai tea, vanilla extract, cinnamon, baking powder, Himalayan sea salt.

Nutrition Facts

Per Serving (1 donut):

Calories: 159.9

Fat: 14.9g

Total Carbs: 26.1g

Fiber: 1.5g

Sugar Alcohols 23.3g

Protein: 3.1g

Net Carbs: 1.3g