

Keto Everything Bagel



Ingredients: almond flour, mozzarella cheese, cream cheese, eggs, baking powder, Everything Bagel Seasoning, garlic powder, dehydrated onion, basil.

Nutrition Facts

Per Serving (1 bagel):

Calories: 274

Fat: 21.3g

Carbs: 7.7g

Fiber: 3.7g

Protein: 13.7g

Net Carbs: 4g