

Keto Cinnamon & Sour Cream Donuts



Ingredients: almond flour, sour cream, butter, whey protein powder, Brown Swerve, eggs, confectioners monk fruit, coconut oil, baking powder, baking soda, xanthan gum, Cinnamon, vanilla extract.

Nutrition Facts

Per Serving (1 donut):

Calories: 183.4

Fat: 16.3g

Total Carbs: 11.4g

Fiber: 1.71g

Sugar Alcohols 7.2g

Protein: 6.4g

Net Carbs: 2.49g