

Keto Burger Buns



Ingredients: almond flour, water, psyllium husk, baking powder, salt, egg whites, apple cider vinegar.

Nutrition Facts

Per Serving (1 bun):

Calories: 221.2

Fat: 14.1g

Total Carbs: 18.2g

Fiber: 15g

Protein: 8.8g

Net Carbs: 3.2g